SIERRA KIDS UNIT: MOSES JAN 20-END OF FEBRUARY

LESSON 5 JOIN ON ZOOM AT 6:00 PM ON WEDNESDAYS
2/17/21 VIEW TEACHING VIDEO AT SIERRABAPTIST.COM/KIDS

\*Zoom Meeting ID: 823 2084 2319 Passcode: 918598

#### AFTER VIDEO: CONNECT GROUP TIME! OPTIONAL MINI GAME - SIMON SAYS

Directions: This game is played just like normal Simon Says, but just with a few new, fun directions. The object of the game is for the children to listen and obey you. If you say "Simon Says," then the children will need to obey your command. If you do not say "Simon Says," then the children should not obey your command.

- List of "Simon Says" directions:
  - Lick your elbow.
  - Cry like a baby.
  - Act like a monkey.
  - Stand on one foot.

- Smell your feet.
- Play air guitar.
- Give someone a high five.
- Look cross eyed.

CONNECT: Great job following directions! Just like how we had to follow the rules in Simon Says, the Bible tells us that we need to, more importantly, follow God's rules. We can find the instructions God has for our lives in the Bible!

#### **GROUP DISCUSSION - CONNECTING KIDS TO GOD AND OTHERS**

TEACHING OBJECTIVE: WHEN I DON'T KNOW WHAT'S RIGHT, I CAN FOLLOW GOD'S RULES. BIBLICAL TEXT: EXODUS 20:2-17

# 1. Younger Kids –Go over the following points, talk, and then move to prayer and activities.

- a. Tonight we learned all about the special rules God has given us called the 10 Commandments. Why did God give us these special rules? (God gave us these special rules because He wants what's best for us!)
- b. How can learn about God's special rules? (We can learn more about the rules God has given us by reading the Bible! This is where we can learn more about the 10 Commandments and all about God's love for us.)
- c. Remember what Joey told Bog about the special rules God gave us in the Bible? God's rules are great because they let us know what to do when we don't know what's right.
- d. It's hard to follow God's rules sometimes, especially when we really want to do something different. But we don't have to do it alone. God will help us to follow His rules!

# 2. Older Kids – Discuss following questions.

Why did God give us the 10 Commandments?

**Answer:** God gave us the 10 Commandments because He wanted us to have a set of special rules to follow so that we could always follow His path. They help us determine what is right and wrong when we have tough decisions to make.

## 3. What do you think it means to follow God?

**Answer:** Following God means listening to what He says and knowing that what He asks us to do is always for our good.

#### 4. Do your parents have rules that you have to follow?

Answer: More often than not our parents have rules we have to follow, especially when we're younger like curfew, what we can and can't watch, and what we can and can't listen to. It can be frustrating and hard to follow these rules and not complain about them, but God wants us to change our attitudes and remember that our parents do these things because they love us and want the best for us, just like He does!

## 5. How do those rules make you feel?

**Answer:** Rules can make us feel frustrated, angry, sad, and trapped. But God wants us to take on a new perspective of rules through the 10 Commandments and realize that rules can be good for us! They are for our benefit so that we may have good, joyful, and long lives!

#### 6. Why do our parents give us rules to follow?

**Answer:** Our parents give us rules to follow because they want the best for us! Like God, they know that not everything we think is good for us is actually good for us. This is when we have the opportunity to trust God and trust our parents to know that they have our best interest in mind. They want us to grow up knowing and doing good and true things.

## 7. When you don't know what to do, who do you go to for help?

**Answer:** You might go to your mom, your dad, your brother or sister, or even your best friend! It's okay to go to the people in our lives that we trust for help, but God wants us to go to Him first. When we need help and guidance, God always has the answer for us and wants to fill us with peace, hope, and reassurance of His love.

#### 8. How can we show God that we love Him?

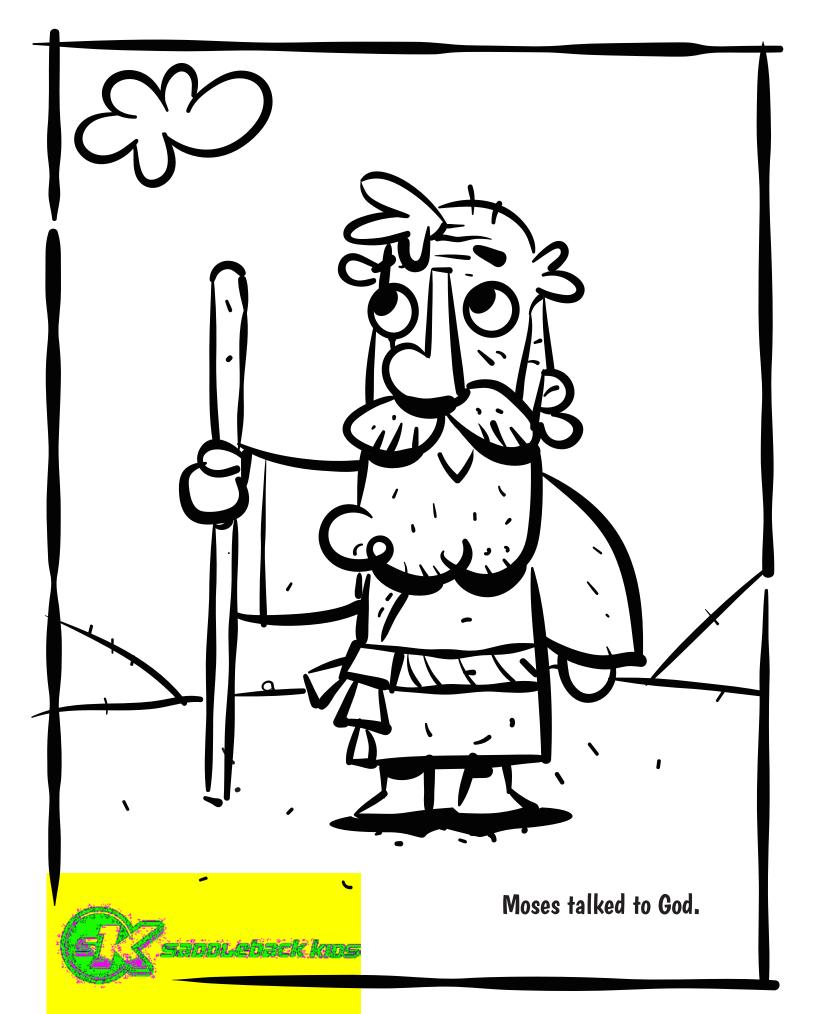
**Answer:** We can show God that we love and trust Him by following the special rules He has given us. He gave us the 10 Commandments so that we could love Him and live the abundant life He has planned for us. By obeying these rules, we are showing God that we love and trust Him.

## 9. How are the 10 Commandments supposed to make us feel?

**Answer:** The 10 Commandments should make us feel loved and protected. They are a guideline for us when we feel confused and conflicted about the decisions we have to make, and so they should make us feel love, peace, and clarity.

#### **WRAP-UP**

- Review verse and main point: When I don't know what's right, I can follow God's rules.
- Close in prayer including the prayer requests of the children in your group. Ask kids to be specific about ways they need God to help them in life.
- Do extra activities: Bible story coloring sheet, spot the difference, word search,



# THE 10 COMMANDMENTS

MATCH THE COMMANDMENTS WITH THE CORRESPONDING IMAGE.



